

## Skills for You/ Te Papa Ako Toi

### New Zealand Certificate in Foundation Skills (Level 1) v2

THIS PROGRAMME IS DELIVERED UNDER SUBCONTRACTED AGREEMENT WITH NATIONAL COUNCIL OF YMCAS NEW ZEALAND.

#### Graduate Profile



This qualification is intended to assist people engaging or re-engaging with learning to prepare them for further learning and employment. It recognises the importance of core capabilities such as confidence, basic knowledge, and skills, and literacy and numeracy, in a range of simple and structured contexts.

#### Graduates of this programme will be able to:

- understand self-management strategies to organise personal life, maintain well-being and continue learning.
- interact positively with people from their own and other cultures, both individually and in group environments including work and community.
- reflect on progress towards achieving personal and career goals.
- organise, interpret, and communicate information using basic literacy and numeracy skills in relevant contexts.

#### Additional Qualifications and Pathways

Students may also gain **NCEA Level 1** if they already have achieved enough credits.

*"I like how the programme helps prepare me and many others for what the future has to offer."*

- "Y-Skills for You" learner, 2019

#### Opportunities for further study includes:

- NZ Certificate in Foundation Skills Level 2
  - NCEA Vocational Pathway
- =NCEA Level 1 and/or 2 is achievable through either pathway**

#### 2021 Delivery Dates:

<u>Cohort One:</u>	<u>Cohort Two:</u>
8 <sup>th</sup> February	26 <sup>th</sup> July
15 <sup>th</sup> March	30 <sup>th</sup> August
3 <sup>rd</sup> May	18 <sup>th</sup> October
7 <sup>th</sup> June	22 <sup>nd</sup> November

#### Duration:

20 weeks  
[Plus 2 weeks hols]  
30 hours per week [including 5 hours self-directed learning]

#### Entry Criteria:

- 16-19 years of age at enrolment [15 yrs. with exemption certificate]
- NZ citizen or permanent resident
- Not enrolled elsewhere
- Subject to Literacy/ Numeracy Assessment

## Christchurch/Ashburton/ Timaru

2021 Programme Content					
Graduate Profile	Intake	Unit	Unit Standard Name	Level	Credit
<b>Outcome 1</b> Understand self-management strategies to organise personal life, maintain well-being and continue learning.	Week 1-5 [10 Cr.]	496	Manage personal wellbeing v10	1	3
		548	Demonstrate knowledge of the impact of alcohol and other drugs v9	1	3
		3503	Communicate in a team or group to complete a routine task v6	1	2
		27106	Describe the terms connected with whakapapa and use [of] v4	1	2
<b>Outcome 2</b> Interact positively with people from their own and other cultures, both individually and in group environments including work and community.	Week 6-10 [11 Cr.]	467	Demonstrate personal and social development through participation in adventure-based learning v5	2	3
		3501	Demonstrate knowledge of and apply listening techniques v6	1	3
		3483	Fill in a form v7	1	2
<b>Outcome 3</b> Reflect on progress towards achieving personal and career goals.	Week 11-15 [10 Cr.]	497	Demonstrate knowledge of workplace health and safety requirements v10	1	3
		1293	Be interviewed in an informal, one-to-one, face-to-face interview v7	1	2
		24709	Produce a balanced budget to manage personal finances v4	1	3
		504	Produce a CV (curriculum vitae) v8	1	2
Week 16-20 [9 Cr.]	4249	Describe care and timeliness as an employee v8	1	3	
	542	Describe discrimination under the Human Rights Act 1993 and describe ways of responding to it v7	2	3	
	12355	Describe strategies for managing stress v6	2	3	
		12349	Demonstrate knowledge of time management v6	2	3

<b>Outcome 4</b> Organise, interpret, and communicate information using basic literacy and numeracy skills in relevant contexts. [Embedded across GPO1-3]	Week 1-20 [20 Cr.]	26622	Write to communicate ideas for a purpose and audience v4	1	3
		26623	Use number to solve problems v4	1	4
		26624	Read texts with understanding v5	1	4
		26625	Actively participate in spoken interactions v6	1	3
		26626	Interpret statistical information for a purpose v4	1	3
		26627	Use measurement to solve problems v4	1	3
					<b>60</b>

### Additional Information

Phone: (03) 366 0689  
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 Website: [www.ymca.org.nz](http://www.ymca.org.nz)

#### Course Costs

**FREE**

#### Additional Expenses

Learners must provide their own lunch