

Employ Me (Work Experience)

Work Experience and Career Focus

A fresh start for young people wishing to plan their future direction in the world of work. Many practical opportunities for developing knowledge and skills that employers want. A series of stepping stones towards employment within a supportive, small group environment.

- Workplace Observations
- Work Experience
- Interview Techniques
- CV's
- Health and Safety
- Communication Skills
- Personal Presentation

"I needed help so I could move on to full-time work and this course helped me to do that. It gave me the confidence and work experience that was needed."

John



Course Times

Monday – Thursday 9.00am – 3.00pm

Friday 9.00am – 12.30pm

Tutors are available to students 8.30am - 5pm

YMCA Education Centre

We are a NZQA registered and accredited provider. We specialize in running courses for youth. Class size is kept small so that good quality attention is given to each student. Specialist tutors are available for reading and maths.

We provide a safe, consistent and positive place for learning. We believe in helping young people help themselves ACHIEVE.

The YMCA core values are the base of all our teaching –

Caring

Honesty

Responsibility

Respect

Contact Details

The YMCA Education Centre is located at 888 Colombo Street, 100 metres south of Bealey Ave, behind the ChCh Academy.

YMCA Education Centre
888 Colombo St
Christchurch

Ph (03) 377-2174

Fax (03) 377-2175

Email training@ymcachch.org.nz

We are committed to helping young people set and achieve their goals



Youth Training

FREE Courses

For School Leavers - 18 Years



PH: 377-2174

L.I.F.E. (Te Ora)

Lifeskills **I**ntegration **F**oundation **E**ducation

Helping young people achieve an education by changing behaviour and attitudes. Self-esteem and self-confidence are developed by providing a stable supportive environment with one to one guidance offered by each tutor.

- Team Work
- A & D
- Life Skills
- Outdoor Challenges
- Fitness & Sport
- Cooking
- Craft
- Adventure Based Learning

"I really liked developing a relationship with one small group, with one tutor and being in a room that we had some ownership over. I felt my tutor really cared about me."

Zoe

S.P.O.R.T. (Te Takaro)

Strength **P**articipation **O**rganisation **R**ecreation **T**ransition

Utilising sport to generate motivation, increase fitness, build self esteem and develop leadership skills, creating a positive future for today's youth.

- Goal Setting
- Experience a Variety of Sporting Codes
- Fitness
- Sports Nutrition
- ABL, Adventure Based Learning
- First Aid
- Work Experience
- Employment Skills
- Sports Units

"The YMCA helped me believe in myself and helped me achieve a lot of things I thought I could never achieve. I made the move to employment."

Kerehi

Tika Tonu (Achieve with Purpose)

NCEA Level 1

This programme aims to re-connect and engage young people with education and learning by working within a small group, which caters towards individual needs. NCEA Level 1 can be achieved in this stimulating, supportive and safe environment.

Skills:

- Numeracy & Literacy
- Self Awareness

Knowledge

- English
- Mathematics
- Core Health

Information

- Career Development
- Community Awareness
- Sexual/Health Education

"This course gives me a reason to get up in the morning, and something to look forward to during the day. It keeps you occupied and challenged, with friendly faces to keep you on track."

Catherine

What you can achieve:

- Personal Development
- Recreation
- Unit Standards
- Te Ao Maori
- Computing
- Numeracy & Literacy
- NCEA Level 1
- Your Future Goals
- Sport
- CV's
- Drivers Licence
- New Friends