

INDOOR ACTIVITIES

Abseiling

Our abseiling tower is indoor and is a great option for individual challenge. Like the rock climbing, this option is not affected by the weather outside, and can be an excellent precursor to similar activities outdoors.

Classroom Action

Don't want to leave school but want the benefit of our dynamic instructional team? We can come to you to run a range of programmes: think outside the square and get the Y crew to bring to you... team building, dance classes, initiative olympics, peer support training... and more. Call us to talk about it and we'll come up with creative ideas! These programmes can be run outdoors as well as indoors.

Indoor Climbing

The Christchurch YMCA boasts the biggest indoor climbing wall in the South island. with a massive number of routes – this is an ideal option for beginners or experienced climbers. Our instructors will sequence the session so that your students achieve their goals and participate fully. A great option as it is not weather dependent!!!

OUTDOOR ACTIVITIES

Adventure days

These are action-packed days which provide your students with 3 activities (any of the above). This is like a day at camp – without the camp! Bring your class and rotate them through three activities of your choice and rest assured that they will have had some great exposure to adventure in the outdoors as well as being nicely exhausted by the end of it! A cost-effective one-hit-wonder for your class.

Kayaking

We have a fleet of 20 'river' kayaks which are great for beginner or intermediate level kayakers. We believe that for the best results in either introducing participants to kayaking or teaching kayaking skills, flat, non-moving water is best. We run kayaking at many different sites but favourites of ours are Cass Bay, Purau Bay and The Groyne. However, we can go anywhere – Sumner Beach, The Avon or your school pool! Our instructors are trained to provide structured, sequenced sessions which are safe but still fun and encourage confidence and independence on the water.

Orienteering

Get them running! Looking at and interpreting maps, using a compass, racing against each other or time, discovering independence in the great outdoors; orienteering is often underestimated for it's capacity to be great fun and educational to boot. Those students who hate running and sports will enjoy the intellectual side of this activity, but those who are cross country gurus will be right at home too!

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Rock Climbing/Abseiling – Outdoors

Get you students outside for some 'real' rock climbing at one of the many locations around the Port Hills and South Island. Our instructors will top-rope routes according to your groups' experience level, and facilitate and instruct them safely through a series of climbs which push their personal limits as well as encourage them to maintain an interest in activity in the outdoors. (Weather dependent – so a back-up plan can be indoor climbing if an alternative date is difficult).

Team Building Games

Never underestimate the power of play when it comes to adventure in the outdoors. Some simple activities, cleverly facilitated by our staff, can result in fantastic outcomes for your class. Kids who previously never spoke to each other suddenly become friends, the student who is the least co-ordinated is suddenly the key to success, the child who is always disruptive finally has an important role in the group. This activity is great for developing trust, building the team and having fun without requiring physical skill.

Tyrolean Traverse

This activity is a team-based initiative with a difference. Depending on where the traverse is set up – there is an element of 'perceived' risk involved as well as an adventure element which is great for the more energetic and physical in your class. We commonly set this up across the Avon in Hagley park, but in reality it can be set up just about anywhere – at your campsite, in your school grounds or anywhere with suitable large trees.

DESIGNER PACKAGES

The YMCA School Camp Rocks the Camp that rocks the camp!!!

Take your students on an adventure, have a School Camp at Purau Bay, Orton Bradley Park or a venue of your choice. At Purau Bay they can stay overnight in the safety of a beach side camp ground, with the option of tents or bunks, plus all the facilities of home, and they can take part in a full adventure day with Kayaking, Raft Building, Team Building, Navigation Work Shops and they can scale the mighty cliffs of Purau Bay, and at night the kids can be entertained with camp activities. Alternatively they can tent at Orton Bradley Park with many of the same activities.

Meals and accommodation are to be provided by the school.

Designer Packages

If you want more than what is outlined above then there is no problem! We are happy to put together a programme for you based on your particular objectives, participants, budget and time frames. Just call us to discuss and we'll put together a plan and a quote.

NZQA Assessors

We are NZQA accredited, and work with many school and youth groups, to help their student gain qualifications in kayaking, camp skills, rock climbing, snow craft, bush craft, adventure based learning, survival skills and navigational workshops.

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PROGRAMME PRICES

Please note that programme sessions are all 2 hours long. Please allow 30 mins 'get ready' time for activities which require technical equipment (shown by *).

Activity or Programme description	Min age of students	Max # of students per group	Max # of groups per session	Min # of adult helpers reqd per group	Location	Cost (per group per session unless otherwise indicated)	Mileage fee applies: 55c/km ChCh Y – site return	Min charge/ Deposit due upon booking
Rock Climbing <i>Indoor wall*</i>	Any age	12 per group	4 groups	one	YMCA	\$130.00	No	\$65.00
Rock Climbing <i>(outside)*</i>	9 years	12 per group	4 groups	two	Varied: Rapaki, Castle Rock	\$150.00	Yes	\$75.00
Abseiling <i>Indoor tower</i>	9 years	12 per group	one group	one	YMCA	\$100.00	No	\$50.00
Tyrolean Traverse	Any age	12 per group	2 groups	one	Varied: Hagley, Avon River	\$100.00	Depends on site used	\$50.00
Team Building Games	Any age	Any number (min 8)	Any number	one per group	Anywhere!	\$8 per person	Depends on site used	50% of prog cost
Orienteering	Any age	15 per group	2 groups	one	Varied: Hagley, Victoria Park, The Groynes	\$100.00	Yes	\$50.00
Kayaking*	9 years	10 per group	2 groups	two	Varied: Cass Bay, The Groynes	\$150.00	Yes	\$65.00
Raft Building*	9 years	10 per group	2 groups	one	Varied: Cass Bay, Avon	\$150.00	Yes	\$50.00
Adventure Day 9-3pm <i>Choose any 3 activities</i>	9 years	3 groups of 10 – 12 max. 36students min. 20 students		one per group	Varied – depends on prog	\$20 per student	Depends on prog	50% of prog cost
Adventure ½ Day 9-12.30pm <i>Includes: Rock climbing and Tyrolean Traverse OR raft building</i>	9 years	3 groups of 10 – 12 max. 36 students min. 10 students		one per group	YMCA	\$12 Per student	No	50% of prog cost
Peer Support Leadership Training Full School Day	Year 11 and above	Any number (min 12)	Any number	one per 30 student	Anywhere – usually at your school	\$15 per student	Yes	50% of prog cost
Overnight Camp	Activity costs as per above PLUS IF YOU WANT an extra \$100 per instructor who stays overnight on your camp. The instructor will organise ALL your programme – including evening programme. (Meals and accommodation to be provided by the school).							
Anything else?	NZQA accreditations in snow courses, river crossing, bushcraft and more! Just call to discuss and get a no-obligation proposal and quote. The possibilities are endless....							

The prices shown are for schools and community groups only as they are heavily subsidised.

Department of Wall and Outdoors

12 Hereford Street, P O Box 2004, CHRISTCHURCH Telephone: (03) 366 0689 Facsimile (03) 365 1386

Email: buzz@ymcachch.org.nz _ www.ymcachch.org.nz

THE FINE PRINT

BOOKINGS & PAYMENT.

We require advance bookings in order to organise our instructors and equipment. The vast majority of our instructors are part-time and require notice of work requirements. Likewise we need to organise the logistics involved with many different groups and short-notice bookings are not guaranteed. A 'phone' booking is confirmed only on receipt of a deposit, which is non-refundable if you cancel your booking within one month of programme date. We will send you an invoice for the remaining cost of your programme, after the fact.

RAMS & PARENT/TEACHER ASSISTANCE

We will send Risk Assessment Management System forms to you for your records. These detail the YMCA's risk management procedures. Please note that they require parent/teacher assistance as part of the supervisory ratio's. (This does not compromise our risk management but does allow us to keep our prices to a minimum). Parent/teacher helpers are expected to be there to support the instructor and assist as he/she requests. Parent/teacher helpers who do not support the instructor can create unsafe situations. They are not expected to be knowledgeable in the particular pursuit, but willing to participate fully (eg: get wet if kayaking, belay if rock climbing etc). Full guidance will be given by YMCA staff to these helpers. Extra instructors are available at a price of \$60 per session if you prefer to have more than one instructor per group. Please indicate this on your registration form under 'special notes'. (If the YMCA considers conditions require an extra instructor on a particular day, you will not be charged for the extra instructor).

TIMES

Our times indicate start and finish times are often inflexible. If you are late this will cut into your instructional time. Likewise we will generally not be able to go overtime. Please try to have your group organised into their groups before arrival at the Y so that time is not wasted during your session time.

WET WEATHER BACK-UP

The registration offers you to elect a back-up date/activity if your scheduled activity is rained out. However, please get your students to come prepared for less than ideal weather – as rain on it's own rarely causes a programme to be cancelled. Students require warm clothing, raincoats, and possibly a change of clothes. A thermos containing a hot drink for kayaking and outdoor rock climbing is an excellent idea if possible. We will postpone activities *only* if weather or conditions represents an unmanageable hazard/risk. In this instance you will have the option of a full refund, re-scheduling, or an alternative programme on the same day. If you choose to cancel when the Y would continue with the programme, you will forfeit your deposit.

GROUP SIZES

Please adhere to the maximum group numbers. Extra adult helpers will not be guaranteed full participation due to restrictions on gear available. If groups are larger than our information pack dictates then our risk management is compromised. (See RAMS notes above)

FEEDBACK & COMPLAINTS PROCEDURE

At the completion of your programme your head instructor will ask you to fill in our feedback form. This is important to us as it enables continual revision of the quality of our service and facilitates ongoing improvement. It also offers you the opportunity to indicate satisfaction and/or dissatisfaction with any aspect of your YMCA experience. Please endeavour to fill it in on the day so we don't have to chase you for it! If you have any complaints which you do not wish to put on the feedback form, please contact any of the staff below..

LOST PROPERTY

Any gear that is left behind at the Y or at any programme site will be kept by the Y for a period of two weeks and then will be disposed of. YMCA staff do not have time to contact schools regarding lost property so please ensure that if students do forget something, that you contact us quickly! It is kept at the YMCA and can be picked up from there.

CONTACT DETAILS

If you would like to discuss any aspect of our operation or make a booking you can call any of the staff at Wall & Outdoors on 03 3660 689. Other contact numbers are:

Josie Odgen Director – 03 304 3460

Buzz Russell Programme Manager - Direct Dial: 963 2822

Pete Hitchman Senior Instructor - 3660 689

Fax to Wall & Outdoors: 365 1386

Email: buzz@ymcachch.org.nz or pete@ymcachch.org.nz

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REGISTRATION FORM

CONTACT DETAILS

Name of School: _____

Address: _____

Contact Person/s: _____

Contact Phone: Wk: _____ Hm: _____ Fax: _____

Contact Email: _____ Best time/place to contact: _____

PROGRAMME DETAILS

(Please complete the table – activity options could all be the same, but alternative dates required in case your 1st option is not available)

	Day & Date	Time	Activity	Location
Option 1				
Option 2				
Wet weather back-up				

Age of students:		# of students per group:		# of groups:		# of adult helpers per group:	
<i>Special notes:</i>							

- ✓ Transport costs apply? (.55c per km for instructor travel) Yes / No
- ✓ Will inform YMCA staff of special needs one week before prog date? Yes / No

PAYMENT & DEPOSIT

Deposit payable to Christchurch YMCA to secure booking of 50% of total programme cost. Please send cheque with this registration form and we will return receipt with programme confirmation. This deposit is non-refundable if cancelled within 1 month of programme date. Minimum charges also apply to all programmes – please see programme price sheet. The deposit paid is deducted from your final account which will be payable upon receipt of invoice.

- ✓ Deposit enclosed: Yes / No Amount: \$ _____ Invoice reqd? Yes / No

Note: Groups and Individuals who are proposing to book YMCA facilities or programme should note that the main object of the YMCA is spiritual, intellectual and social improvement of all through the use of its facilities. The Trustees therefore reserve the right to refuse to accept any booking from groups or individuals whose values they believe on reasonable grounds to be contrary to the stated objectives in the YMCA Trust Deed.

Declaration: *I have read the Youth & Outdoors information pack and price lists supplied by the YMCA and accept the cost structure and other conditions.*

Date: _____ Signed: _____

Department of Wall and Outdoors

OFFICE USE ONLY: Info pack sent Y / N Amount owing \$ _____ invoice #'s _____

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