

Welcome to the YMCA

The Bishopdale YMCA Recreation Centre has a number of Recreation classes and programmes.

This centre includes:

- Health and Fitness Studio
- Aerobic Studio
- Indoor Cycling (Spin Classes)
- 2 x Squash Courts
- Licensed Childcare Centre
- Physio Rooms
- Badminton Courts
- Changing Rooms, Lockers and Hot showers
- Full sized indoor Netball/Basketball and Volleyball Courts
- Meeting Rooms

Please see our separate brochures which give details on programmes and classes which are available.

Facility Hours

Monday – Thursday 6.00 am – 9.45 pm
(Fitness Centre closes 9.30 pm)

Friday 6.00 am – 7.00 pm

Saturday 8.00 am – 5.00 pm

Sunday 8.00 am – 4.00 pm

Facility and Room Bookings

Our Courts and Rooms are available for hire on a casual or regular basis. Please see reception for hire fees and bookings.

Meeting Room 1 (max 20 people)

Meeting Room 2 & 3 (max 60 people)

Stadium

With a wooden sprung floor and seating, this stadium can be configured into 2 full sized basketball courts, 2 full sized netball courts, 6 badminton courts and 2 volleyball courts.

Health and Fitness Centre

Our Health and Fitness Centre has a variety of the latest resistance and cardiovascular equipment.

We offer a variety of morning, lunchtime and evening group fitness and spin classes.

Please refer to separate brochure for details on classes and membership options.

Squash

Casual bookings may be made by phoning reception. **Bookings only taken one week in advance.**

Squash Court Hire (30 mins)	\$8.00
Squash Court Hire (60 mins)	\$16.00
10 half hour games	\$70.00
20 half hour games	\$130.00
50 half hour games	\$290.00

Ball (for sale only) \$8.50

Protective Eye Glasses Hire \$2.00

Badminton

Court hire/when available \$18.00
(per court per hour).

Racquet Hire \$2.50
(plus a \$10 bond which is forfeited if racquet is damaged)

Shuttlecock (for sale only) \$7.00

Childcare Centre

This is a licensed and registered childcare centre. This purpose built facility offers quality childcare in a fun and stimulating environment. See reception for information and registration details.

Car Parking

The YMCA has free car parking while you are using our facilities.

**Bishopdale YMCA Recreation
Centre**

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**Bishopdale
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