

## Y•Skills Level 1 (Skills for You)

### New Zealand Certificate in Foundation Skills – Level 1

THIS PROGRAMME IS DELIVERED UNDER SUBCONTRACTED AGREEMENT WITH NATIONAL COUNCIL OF YMCAS NEW ZEALAND.

#### Graduate Profile



This qualification is intended to assist people engaging or re-engaging with learning to prepare them for further learning and employment. It recognizes the importance of core capabilities such as confidence, basic knowledge, and skills, and literacy and numeracy, in a range of simple and structured contexts.

#### Graduates of this programme will be able to:

- understand self-management strategies to organise personal life, maintain well-being and continue learning
- interact positively with people from their own and other
- cultures, both individually and in group environments including work and community.
- reflect on progress towards achieving personal and career goals.
- organise, interpret, and communicate information using basic literacy and numeracy skills in relevant contexts.

#### Additional Qualifications and Pathways

Students may also gain **NCEA Level 1** if they already have achieved enough credits.

*“What an awesome and spectacular course”*

YMCA Student, 2018

#### Opportunities for further study include:

- NZ Certificate in Foundation Skills Level 2
  - NCEA Vocational Pathway
- NCEA Level 1 and/or NCEA Level 2 is achievable through either pathway**

#### Intake Dates:

Throughout the Year  
28 Jan - 01 July  
(after this date partial programme enrolments possible with 2020 re-enrolment)

#### Duration:

20 weeks  
(excluding holidays)

#### Entry Criteria:

- 16-19 years of age [15 yrs. with exemption certificate]
- NZ citizen or permanent resident
- Not enrolled elsewhere
- Subject to Literacy/ Numeracy Assessment

**Investing in the Next Generation**

## 2019 Programme Information

Contents	Unit	Unit Standard Name	Credit	Level
<b>Outcome 1</b>  Understand self-management strategies to organise personal life, maintain well-being and continue learning.	467	Demonstrate personal and social development through participation in adventure-based learning	3	2
	496	Manage personal wellbeing	3	1
	548	Demonstrate knowledge of the impact of alcohol and other drugs	2	1
	3483	Fill in a form	2	1
	24709	Produce a balanced budget to manage personal finances	3	1
	27106	Describe the terms connected with whakapapa and use	2	1
<b>Outcome 2</b>  Interact positively with people from their own and other cultures, both individually and in group environments including work and community	56	Attend to customer enquiries face-to-face and on the telephone	2	1
	470	Demonstrate personal and social development through participation in a low ropes course programme	3	2
	497	Demonstrate knowledge of workplace health and safety requirements	3	1
	542	Describe discrimination under the Human Rights Act 1993 and describe ways of responding to it	2	1
	3503	Communicate in a team or group to complete a routine task	2	1
	4249	Describe care and timeliness as an employee	3	1
<b>Outcome 3</b>  Reflect on progress towards achieving personal and career goals	504	Produce a CV (curriculum vitae)	2	1
	10781	Produce a plan for own future directions	3	2
<b>Outcome 4</b>  Organise, interpret, and communicate information using basic literacy and numeracy skills in relevant contexts	1293	Be interviewed in an informal, one-to-one, face-to-face interview	2	1
	3501	Demonstrate knowledge of and apply listening techniques	3	1
	26622	Write to communicate ideas for a purpose and audience	4	1
	26623	Use number to solve problems	4	1
	26624	Read texts with understanding	3	1
	26625	Actively participate in spoken interactions	3	1
	26626	Interpret statistical information for a purpose	3	1
26627	Use measurement to solve problems	3	1	
			<b>60</b>	

## Additional Information

**Phone:** 03 377 2174  
**Location:** 12 Hereford St, Christchurch  
**Email:** training@ymcachch.org.nz  
**Website:** www.ymcachch.org.nz

### Course Costs

**FREE**

### Additional Expenses

Learners must provide their own lunch

### Approximate Cost

At learner expense