



GROUP FITNESS

Christmas Timetable—City Y

Time	MONDAY 24 DEC	TUESDAY 25 DEC	WEDNESDAY 26 DEC	THURSDAY 27 DEC	FRIDAY 28 DEC	SATURDAY 29 DEC	SUNDAY 30 DEC
9am	Stretch Erin	CLOSED				Circuit Michelle	
12.10pm					Yoga Jo		
5:30pm					Spin Michelle		



GROUP FITNESS

Christmas Timetable—City Y

Time	MONDAY 31 DEC	TUESDAY 1 JAN	WEDNESDAY 2 JAN	THURSDAY 3 JAN	FRIDAY 4 JAN	SATURDAY 5 JAN	SUNDAY 6 JAN
9am	Stretch Erin	CLOSED			Beginner's Spin John	Circuit Michelle	
12.10pm					Yoga Jo		
5:30pm					Spin Michelle		